

The Riedy Reader

January 2022



New Year - New You in 2022! This is the time for resolutions and self-reflection that can often lead to a happy, healthier you. Have you ever heard of January being called 'Divorce Month', though? Consider this 2020 Reader Digest article:

"For years, January has unofficially been dubbed Divorce Month. Many legal experts believe that the reason for this trend boils down to one idea: the holidays. People don't want to get divorced during the holidays. If couples, especially those with children, have started to consider divorce before the holidays, they make a point of staying married through the end of the year so their family can have one last holiday season together before they split.



As Russell I. Marnell, principal lawyer at the Marnell Law Group told Reader's Digest, the holidays lead to an increase in January divorces in a combination of ways. 'Stress levels during the holidays are exacerbated by the stress of the marriage and they don't want to deal with both of these situations,' he said. 'A couple that is struggling to maintain a marriage may often be prompted to consider divorce as part of one or both of the partners' self-evaluation that comes with the new year. Many people make New Year's resolutions to put their personal lives in order, even if that includes ending an unhealthy marriage.' " <https://www.rd.com/article/january-divorce-month/>

If you find yourself across the table from a friend this month who is considering divorce as a kind of 'self-improvement resolution', you may feel (like I often do) a bit unequipped. Our most important role is to listen and love those who are struggling, but then what? We, at FamilyLife®, want to be your resource! One of the most helpful things you could do is guide your friend toward a Weekend to Remember®. We've included our discount below once again to make it easy to share. The Spring season starts soon with events kicking off in February around the country.

Another way I've used FamilyLife resources is to search the website FamilyLife.com. The search feature allows me to put in specific issues or questions and get articles, broadcasts, and/or products that deal with such things. Sometimes I've forwarded along an article or link to a podcast— it is much more effective than suggesting a whole book. More often, though, I have read or listened myself in order to be more prepared and informed the next time I've talked to that friend.

Next month we even have a special opportunity to help you feel more equipped for those difficult conversations. **FamilyLife Organic Mentor Training** -Join FamilyLife Chaplains, Gary and Cindy Blunier, to be-



Weekend to Remember.
by FamilyLife.

We appreciate you and care deeply about your marriage and family. Without you, this ministry wouldn't be possible. Thank you!

In gratitude, we invite you to attend a Weekend to Remember of your choice for just \$ 50 per person (\$100/couple), an almost 60% savings to you! Registration only. Travel & incidentals not included.

Registering is easy! Call Eric & Deb Riedy
at 734-377-3379 or email abcdefamily@comcast.net
and we'll send you the link.

This offer is transferable. Use this to bless your own marriage or extend your own ministry and bless someone you care about.

To check conference dates and locations, please visit FamilyLife.com or call 1-800-FL-TODAY.

come equipped with the tools needed to help another person think biblically about their life circumstances. Organic mentoring is a style that flows more naturally, informally and with less structure than traditional mentoring. You will gain key communication skills applicable to any relationship. Training open to anyone, so please pass this invitation on to others.

When: Saturday Feb 26, 2022

Time: 9:00am - 2:30pm CST (one hour break for lunch)

Format: Live on-line webinar

Cost: Free (you will need to print your own training manual)

Registration: required; deadline Feb 18th; Email for a registration link at abcdefamily@comcast.net.

Questions: Please contact mentor@familylife.com

As you know, Our mission here at FamilyLife is “to effectively develop godly families who change the world one home at a time.” One of the best ways we can do this is to help YOU help those in your own sphere of influence. YOU can change YOUR world!

In Him,



Happy First Birthday, Ruby!

Tear & Prayer



Pray for our upcoming Weekend to Remember season—esp. in light of the recent spike in COVID cases. That God would fill seats with those who need to be there and keep each one safe.
Pray for the Love Like You Mean It cruise Feb. 6-13 -Eric & I will not be going due to lower guest numbers requiring less staff support.
Pray for those who attend the cruise—that God will work mightily in their marriages & that the ship will stay healthy
Praise for Brenna who started a job at a local library last month
Pray for wisdom as Brenna graduates in August & considers Library Science grad school options

Pray for the Riedy Family
serving with



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